

Bodriggy Primary School

Food and Eating – Criterion 6

Current Co-ordinator: Sally Taylor
Old Co-ordinator:- Melanie Haddy.
Contact Number:- 01736 752808.
Healthy School Validation 2002.

School details and context.

Bodriggy is one of three primary schools serving the town of Hayle. We have 311 pupils on roll including our nursery department. Hayle has quite a marked seasonal influx of visitors due to its position on the coast and varies greatly between summer and winter.

How the Need was identified.

The school has been working on improving the quality of school life both in lesson time and break time. It was recognised that we had a litter problem and a growing seagull problem arising from unsuitable snack foods being eaten outside during break times. The snacks were considered unhealthy and a more nutritious substitute was suggested, which would involve educating the children's tastes as well as the parents in terms of healthy food choices.

Chosen Criteria.

We chose Criterion 6, food and eating. This involved introducing healthy snack time daily across the school and ensuring a good supply of available drinking water was available.

Steps taken to meet the criteria.

- We assessed our science and P.S.H.E. schemes of work, highlighting the teaching of healthy food choices. To address gaps in provision we introduced new schemes of work.
- Information for parents was provided at our healthy schools evening by a local supermarket representative on healthy lunch box choices and low risk foods.
- Introduction of 'fruit time' in nursery and infants including milk and water.
- A fruit tuck shop and drinking water was introduced for the juniors.

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Who was involved in the process?

The whole staff, the children and the governors have all played a part in the process. Our healthy schools committee has taken an active role at our initial evening and by providing support and ideas for the meeting of the targets.

Outcomes

By completing criterion 1 and 2 as well as 6, as a school we now have working current policies for P.S.H.E/Citizenship/SRE/Drugs Education. We have schemes of work for clear consistent and progressive delivery of these subjects and a staff with a raised awareness of the importance of teaching these aspects of the curriculum. The children's physical needs in terms of nutrition and hydration are being better met providing quality working time.